

# CHEER/JUMP

## March 2010

CAPE ALL STARS      capeallstars@hotmail.com  
 Cape Cod Cheer Academy  
 150 Rosary Lane, Units C & D  
 Hyannis, MA 02601      508-790-7827

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Beg Jump 4 :30 - 5:30 Team Jump 5 :30 - 7 Senior Level 3 7 - 8:30	2 Tiny 3:30 - 4:30 Beg Tumbling 4:30 - 5:30 Mini 5:30 - 6:30 Youth 6:30 - 8:00	3 Intermediate Tumbling 5:30 - 6:30 Youth 6:30 - 7:30	4 <b>L3 Tumbling</b> <b>3:30 - 4:30</b> Sr. L3 4:30 - 6 Advanced 6 - 7 Sr. Level 4	5 Mini 5 - 6  <b>SAT Team</b> <b>6 - 7:30</b>	<b>6</b>  <b>No Classes</b> <b>Today</b>
7 Senior Level 4 7:00 - 8:30	<b>8</b> Beg Jump 4 :30 - 5:30 Team Jump 5 :30 - 7 Senior Level 3 7 - 8:30	9 Tiny 3:30 - 4:30 Beg Tumbling 4:30 - 5:30 Mini 5:30 - 6:30 Youth 6:30 - 8:00	10 SAT. Tumbling 4:30 - 5:30 Int. Tumbling 5:30 - 6:30 Youth 6:30 - 7:30	11 <b>L3 Tumbling</b> <b>3:30 - 4:30</b> Sr. L3 4:30 - 6 Advanced 6 - 7 Sr. Level 4	12 Mini 5 - 6	<b>13 No Classes</b> <b>SALEM HIGH</b> <b>Competition</b> <b>ALL TEAMS</b>
14 Senior Level 4 4:00 - 6:00	15 Beg Jump 4 :30 - 5:30 Team Jump 5 :30 - 7 Senior Level 3 7 - 8:30	16 Tiny 3:30 - 4:30 Beg Tumbling 4:30 - 5:30 Mini 5:30 - 6:30 Youth 6:30 - 8:00	17 SAT Tumbling 4:30 - 5:30 Int. Tumbling 5:30 - 6:30 Youth 6:30 - 7:30	18 <b>L3 Tumbling</b> <b>3:30 - 4:30</b> Sr. L3 4:30 - 6 Advanced 6 - 7 Sr. Level 4	19 Mini 5 - 6	20 Intermediate Tumbling 9 - 10 SAT Team 10 - 11:30
21 Senior Level 4 7:00 - 8:30	22 Beg Jump 4 :30 - 5:30 Team Jump 5 :30 - 7 Senior Level 3 7 - 8:30	23 Tiny 3:30 - 4:30 Beg Tumbling 4:30 - 5:30 Mini 5:30 - 6:30 Youth 6:30 - 8:00	<b>24 SAT PRACTICE</b> <b>4:30 - 5:30</b> Int. Tumbling 5:30 - 6:30 Youth 6:30 - 7:30	<b>25</b>  <b>GYM CLOSED</b>	<b>26</b>  <b>GYM CLOSED</b>	<b>27</b>  <b>GYM CLOSED</b>
<b>28</b>  <b>GYM CLOSED</b>	<b>29</b>  <b>GYM CLOSED</b>	30 Tiny 3:30 - 4:30 Beg Tumbling 4:30 - 5:30 Mini 5:30 - 6:30 Youth 6:30 - 8:00				